



Maternity Management

A balanced beginning for you and your baby

Congratulations on your pregnancy!

Your employer cares about your pregnancy and getting you and your baby off to a healthy start. This is the goal of the proactive Meritain Health® Maternity Management Program.

From your first trimester of pregnancy through post-delivery, your Maternity Management Program will help you prepare for the events that will happen during your pregnancy. By joining the Maternity Management Program, you'll better understand how to create a healthy start for your new baby.

Your personal maternity nurse specialist

Through the Maternity Management Program, you'll be assigned your own maternity nurse specialist. Your nurse specialist, an experienced registered nurse (RN), will monitor your progress. You'll be able to work with your nurse specialist to learn more about your baby's health and wellness. You can also get answers to your questions and concerns. Your nurse specialist can help you follow your doctor's plan for your care and will tailor coaching to your unique needs.

If you have questions about Maternity Management, we can help. Just call Meritain Health at 1.800.641.3224, and dial option 3.

Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Providers are independent contractors and are not agents of Meritain Health. Provider participation may change without notice. Meritain Health and Aetna do not provide care or guarantee access to health services.

Simple. Transparent. Versatile.

At Meritain Health®, we're creating unrivaled connections.

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