

Welcome to Meritain Health

A healthier tomorrow starts today

Meritain Health is a nationwide healthcare benefits administrator and our job is simple: we help take care of you. Your employer has partnered with us for your health and wellness benefits.

It's important for you to understand how your benefits work—we get that. That's why we're here to give you the information, tools and services you need to make the most of your benefits and wellness programs.

As a new Meritain Health member, you'll be getting more information from us. You'll see that your employer offers the health tools, resources and benefits you need to be your healthiest self. And to help you keep the most money in your pocket.

We want you to get the most from your benefits. This way, you and your family can easily get the care you need, when you need it.

Transitional care

Your plan includes Transition of Care. Including this in the plan allows members who are currently undergoing a course of treatment from a physician that is in their current network to receive services paid at the in-network level for a period of time. Even if the physician is considered out-of-network with the new network, you will be covered through the transitional care service.

Examples of medical conditions appropriate for consideration for transitional care include, but are not limited to:

1. Cancer if under active treatment with chemotherapy and/or radiation therapy.



2. Organ transplant patients if under active treatment (seeing a doctor on a regular basis, on a transplant waiting list, ready at any time for transplant).
3. If the covered person is inpatient in a hospital on the effective date.
4. Post acute injury or surgery within the past three months.
5. Pregnancy in the second or third trimester and up to six weeks postpartum.
6. Behavioral health—any previous treatment.

You or your dependent must call Meritain Health at **1.800.925.2272** within four weeks of your effective date to determine eligibility for the benefit. Routine procedures, treatment for stable chronic conditions, minor illnesses and elective surgical procedures will not be covered by transitional level benefits. Those that are eligible must complete and return the Transition of Care Form.

If you have any questions about your benefits, we're here to help. Just call us at **1.800.925.2272**.