

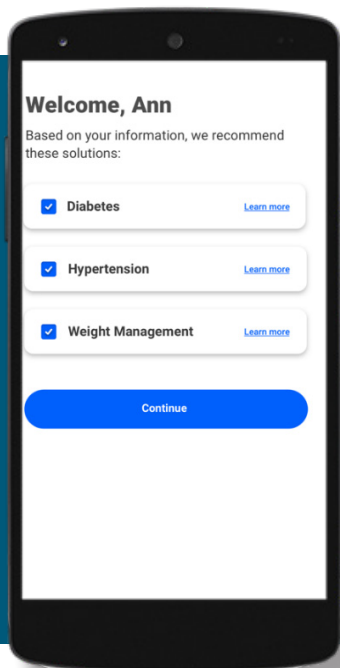


Meritain Health® Presents Livongo Whole Person Solutions

Chronic condition management

Did you know?

Oftentimes, people living with chronic conditions have two or three conditions on average, not just one. Because of this, there isn't always a one-size-fits-all solution. And we understand that over time, having multiple chronic conditions can be costly to you. To help you manage these conditions, we're offering Livongo Whole Person Solutions free to all members!



Livongo Whole Person Solutions

Livongo provides you with a more personalized and effective approach for managing multiple health challenges. In particular, you can get help with complications you might face with diabetes, prediabetes and cardiovascular health, offering you a better, more effective way to manage your health.

Livongo Whole Person Solutions ensures whether you're living with one or more chronic conditions, you'll receive a unified, one-stop experience that adapts based on your needs, health status and behaviors as you move through your journey. This includes connected devices, which create adaptive, high-impact experiences!

Enroll today

Just text **GO MERITAINWP** to **85240** to learn more and join.

You can also join by visiting GO.LIVONGO.COM/MERITAINWP/REGISTER, or by calling **1.800.945.4355** and use registration code: **MERITAINWP**.



Diabetes solution

People with diabetes

- Hypertension
- Dyslipidemia
- Weight management
- Mental health



Prediabetes solution

People with prediabetes

- Hypertension
- Dyslipidemia
- Weight management
- Mental health



Cardiovascular solution

People with hypertension

- Dyslipidemia
- Weight management
- Mental health



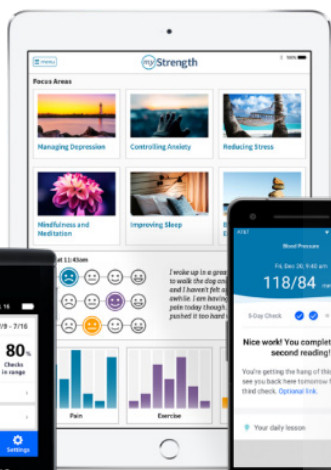
Member support

With Livongo Whole Person Solutions, you have access to support and tools for managing your health conditions. These include:

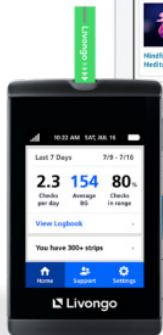
- Lifestyle behavior change tools.
- Expert health coaching.
- Personalized plans for reaching goals.
- And more!

Receive support across multiple platforms

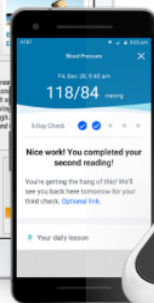
Mental health



Diabetes



Dyslipidemia



Hypertension

Diabetes prevention and weight management

If you have any questions, we're here to help. Just call the number on the back of your ID card.

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