

## Introducing 98Point6: Primary Care From Anywhere

We are excited to share that we've added a new service to your EPC Benefits offerings — [98point6](#).

98point6 is a new kind of primary care that gives you on-demand access to a physician via secure text messaging on your smart device. From diagnosis of common medical conditions to questions about coronavirus, 98point6 is the best first stop for diagnosis, treatment, answers, and peace of mind. With 24/7 access to text-based primary care, 98point6 is an easy way to ensure you and your dependents ages 1+ get clear medical insight in times of uncertainty.

Visits with 98point6 physicians are available to employees and dependents ages 1 and older enrolled in an EPC Benefit Resources benefit plan. **This benefit is available at no cost to PPO plan participants, for all other eligible members there is a \$5 co-pay.**

98point6 physicians can:

- Diagnose and treat a range of conditions including upper respiratory illness, gastrointestinal issues, and behavioral health concerns (stress, anxiety)
- Answer any medical questions you have (no question is too small)
- Provide consultation and outline care options
- Order any necessary labs and send prescriptions to your local pharmacy

Start by downloading the 98Point6 mobile app and registering your information so that it's easy to access and use when you need it. Instructions on how to download the app are available on [our landing page](#) or you may follow the instruction below.

### 98point6 Download Instructions:

- 1) Go to Google Play or the App Store
- 2) Search for "98point6"
- 3) Install
- 4) Enter your contact information

**If you register for 98point6 before March 31st, you will be entered into a drawing for one of ten \$25 Amazon gift cards!**

## Your Retirement Savings

With recent global health concerns—and their effect on the markets—you may have questions or concerns about your retirement savings. Our 403(b)(9) Retirement Plan administrator Fidelity Investments is available to help you navigate this uncertainty and share what you can do to feel more confident when making decisions for both the short and the long term:

- **To help you stay informed.** Check out Fidelity's [6 Tips to Navigate Volatile Markets](#) to help you keep perspective on market conditions and what they may mean to you.
- You can also log into your Fidelity Account to see other resources, and keep an eye out for other bulletins from EPC Benefit Resources and Fidelity next week

## Administrator Corner

The 98Point6 benefit as described above has been added to all 5 EPC medical plans and is also available to participants in our other health benefit programs effective March 14th. There is no change to monthly premiums and we see this as a great, convenient, and low cost added value service for our plan participants. There are other health resources available through the App as well, such as Coronavirus information.

Our apologies for the short notice, we had originally planned to release this program in April, but have expedited its availability in light of the current COVID-19 concerns. No actions are required on your part except to encourage participants to download the App and register. Feel free to contact our office if you have any questions.