

For Your Benefit...

March 19, 2020

Now Available from EPC Benefits: Text-Based Primary Care!

98Point6 provides primary care physician visits on-demand 24/7 from any location via text messaging using your mobile phone or smart device. Visits with 98Point6 physicians are available to employees and dependents ages 1 and older enrolled in any EPC Benefit Resources benefit plan. Each text-based visit is **available** at no cost to PPO plan participants, and for all other eligible participants there is only a \$5 co-pay.

To keep you safe with the current concerns about social distancing and the Coronavirus the 98Point6 doctor visit through "telemedicine" is a perfect solution. The EPC has already confirmed your eligibility for the benefit with 98Point6. But you must download the App on your smart device and register so you will have immediate access to the service if a medical question or health condition arises.

Instructions on how to download the app are available on <u>our landing page</u> or you may follow the quick steps below.

Follow these three steps to complete your registration today!

- 1) Find the free 98Point6 App at Google Play or the App Store and download
- 2) Create your account and start a visit by registering your information
- 3) You will then be ready for a text-based visit if a need arises or to simply access the latest updates on COVID-19 and other 98Point6 services. Stay informed here!

Administrator Corner

Downloading 98Point6!!

Please encourage all of your staff who are enrolled in <u>any</u> EPC Benefit Plan to <u>download the 98Point6</u> App on their phone or smart device and register their information.

Once completed they will have 24/7 immediate access to a text-based physician office visit from their home or any location if a need arises during these tumultuous times.

Please note, we have provided enrollment data to 98Point6 that includes participants in our 5 medical plans <u>and</u> in EPC Dental, Vision and Life Plans. So upon registering participants in any of our plans will see that they are eligible for the benefit and that there is no registration or membership fee required.

When registering their name it should match the name used on their EPC Benefit card. For example, if their legal name is Joseph but their EPC benefit card says "Joe" then they should register as Joe. With current travel restrictions and concerns about social contact surrounding Coronavirus using the 98Point6 text-based primary care visit provides a safe and practical alternative.

YOUR RETIREMENT SAVINGS AND MARKET VOLATILITY

With recent global health concerns and their effect on the markets, you may have questions or concerns about your retirement savings. We want to continue to make sure you feel that you have the necessary resources to navigate this uncertainty. Our 403(b)(9) Retirement Plan administrator, Fidelity Investments, is available to help you and share what you can do to feel more confident when making decisions for both the short and the long term. Feel free to contact them with any questions at 1-800-343-0860.

Check out the following resources to help you stay informed:

- ⇒ Test drive your investment strategy
- ⇒ Keeping calm in choppy waters
- ⇒ 7 Principles of Investing in a Volatile Market
- ⇒ Markets, emotions, and you