

## For Your Benefit...

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## What You Need to Know...

Recently, you may have seen references to **Telemedicine** (EPC's virtual primary care visits through 98Point6) and **Telehealth** (virtual office visits with a family physicians or specialists) and the co-pay/coinsurance savings available through these services. So, here is what you need to know about the two – "**Telemedicine**" primary care visits through 98Point6 are available to all EPC Benefit Plan participants at a <u>\$0 co-pay</u> for at least the remainder of 2020. 98Point6 coverage is provided to all medical plan participants <u>and</u> to those enrolled in vision, dental, or life insurance (even if not enrolled in the medical benefit)! Whereas, "**Telehealth**" virtual office visits are handled the same as regular, in-person physician office visits with regard to application of deductibles and co-pay or coinsurance. As a "rule of thumb", below is the order of out-of-pocket copay costs from least to most expensive. See our <u>plan comparison chart</u> for details on co-pay amounts at various providers.

Facility Type	How to Recognize It	Visit for	Availability	Cost Level
98point6	Medical consultation via text or video app	Access board-certified Doctors for many non -emergency illnesses such as flu, sore throat, allergies, and more!	Available 24/7/365	\$
Your Doctor	Physician with traditional office hours	Ongoing and more personalized care based on an understanding of your medical history; annual check-ups; routine care, like for a sinus infection, minor allergic reaction, fever, rash, cut or flu shot	Traditional office hours; call ahead for appointments	\$
Urgent Care Center	A stand-alone facility that usually has "urgent care" in the name (and NOT "ER" or "emergency")	Problems that need immediate attention but aren't life-threatening, like stitches, sprains, animal bites and x-rays	Hours include evenings, weekends, and holidays; shorter wait time than ER	\$\$
Traditional ER	ER attached to a hospital	All life-threatening or disabling conditions, trauma care and major injuries	Open 24 hours; long wait for non-emergency	\$\$\$\$
Freestanding ER	Usually found in shopping centers and has "ER or "emergency" in the name	Life-threatening or disabling conditions and major injuries (but not trauma care)	Open 24 hours; wait time can be shorter than traditional ER	\$\$\$\$

98point6's 24/7, on-demand primary care service is available nationwide to assist with any non-life-threatening health questions or concerns you may have. Whether you need an urgent prescription refill or have a medical question and cannot leave home or your evacuation center, 98point6's doctors are here to help. As a reminder, 98point6 is not for emergencies; if you're having an emergency, contact 911. If you haven't already registered for 98point6, <u>you can do so here</u> from your mobile device.

## **EPC 403(b)(9) RETIREMENT PLAN**

The EPC offers a 403(b)(9) Defined Contribution Retirement Plan to eligible employees and ministers. A unique feature of a 403(b)(9) is that ordained ministers may allocate a portion of their retirement plan withdrawals to cover housing expenses on a tax-exempt basis.

Check out our new webpage <u>here</u> with more information! This simple Q&A format is designed to help with any questions regarding the Housing Allowance provision offered in by the EPC's 403(b)(9) plan. For additional questions, please contact BRI at benefits@epc.org or 407-930-4492.